

# MESSAGE HEALTH HISTORY FORM

## WELCOME TO BODY + SPINE CHIROPRACTIC AND NATURAL THERAPIES CLINIC

An accurate health history is important to ensure that it is safe for you to receive a massage treatment. If your health status changes in the future, please let us know. All information gathered for this treatment is confidential except as required or allowed by law or except to facilitate diagnosis (assessment) or treatment. You will be asked to provide written authorization for release of any information.

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City, Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Tel \_\_\_\_\_ Bus. Tel \_\_\_\_\_ Cell \_\_\_\_\_

E mail \_\_\_\_\_

Date of Birth (D/M/Y) \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

Occupation \_\_\_\_\_

### WHAT IS YOUR PRIMARY COMPLAINT?

\_\_\_\_\_  
\_\_\_\_\_

### Please indicate conditions that you are experiencing or have experienced

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> emphysema                   | <input type="checkbox"/> arthritis                   | <input type="checkbox"/> neck            |
| <input type="checkbox"/> chronic cough               | <input type="checkbox"/> loss of sensation           | <input type="checkbox"/> shoulders       |
| <input type="checkbox"/> shortness of breath         | <input type="checkbox"/> diabetes (onset_____)       | <input type="checkbox"/> upper back      |
| <input type="checkbox"/> bronchitis                  | <input type="checkbox"/> allergies (ie. anaphylaxis) | <input type="checkbox"/> mid back        |
| <input type="checkbox"/> asthma                      | <input type="checkbox"/> cancer                      | <input type="checkbox"/> low back        |
|  | <input type="checkbox"/> epilepsy                    | <input type="checkbox"/> arms            |
|  |  | <input type="checkbox"/> legs            |
| <input type="checkbox"/> high blood pressure         | <input type="checkbox"/> vision problems             | <input type="checkbox"/> knees           |
| <input type="checkbox"/> low blood pressure          | <input type="checkbox"/> ear problems                |  |
| <input type="checkbox"/> CCHF                        | <input type="checkbox"/> hearing loss                | <input type="checkbox"/> skin conditions |
| <input type="checkbox"/> heart attack                |  |  |
| <input type="checkbox"/> phlebitis                   | <input type="checkbox"/> hepatitis                   | <input type="checkbox"/> pregnant        |
| <input type="checkbox"/> stroke/CVA                  | <input type="checkbox"/> TB                          | due _____                                |
| <input type="checkbox"/> pacemaker or similar device | <input type="checkbox"/> HIV                         |  |

Other medical conditions \_\_\_\_\_

Current medications \_\_\_\_\_

Condition it treats \_\_\_\_\_

Surgery \_\_\_\_\_

Injuries \_\_\_\_\_

Of Special Note (internal pins, wires, artificial joints) \_\_\_\_\_

Primary Care Physician \_\_\_\_\_

Present involvement in other health care \_\_\_\_\_

Please specify any other symptoms or medical information that you feel would be relevant

Has anything aggravated your primary condition of concern? \_\_\_\_\_

Has anything relieved your primary condition of concern? \_\_\_\_\_

At any time before or during the treatment process, please feel free to ask your therapist any questions or concerns you may have regarding your treatment.

I \_\_\_\_\_ of my own free will consent to be treated for the above stated areas of concern

I acknowledge that the therapist will/has provided me with such information as is pertinent to treatment for my above listed complaints.

Alternative courses of treatment, where applicable and relevant, have been explained to me, as well as the possible risks and side effects of the proposed treatment plan.

I fully understand the consequences of having treatment/not having treatment.  
I understand that I may stop the treatment at any time before or during the treatment process.

**CANCELLATION POLICY:** We require 24 hours notice of appointment cancellation, otherwise full treatment fee may be charged to you by your therapist. Thank you.

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

This form is recognized by the College of Massage Therapists of Ontario to contain the elements necessary to ensure compliance with the Standards of Practice